

# 「日本の棚田百選」に選ばれた美景 土谷棚田

## A Spectacular View Chosen as One of the 100 Terraced Rice Fields of Japan Doya Rice Terraces



玄界灘に沈む夕陽と島影、棚田が生む幻想的な絶景が、「日本の棚田百選」でも屈指と名高い福島町の「土谷棚田」。毎年4月末から5月初旬にかけて行われる田植えの時期には約400枚の水田が夕陽に照らされて輝き出し、夏には稲のグリーンが海のブルーと溶け合い美しいコントラストを見せる。ハイライトは「土谷棚田の火祭り」が行われる9月。あぜ道に灯る約3,000本の松明が観光客を魅了し、多くの写真愛好家も全国各地から訪れるほどだ。

四季を通して様々な表情が楽しめるおすすめの見学スポットとして、松浦市の観光サイト（まつうら観光物産協会HP「土谷棚田なう」コーナー）では、季節ごとに変わる様子を紹介している。

Fukushima Island's Doya Rice Terraces are one of the top entries in the "100 Terraced Rice Fields of Japan," renowned for the stunning sunsets over the islands of the Genkai Sea and the mystical scenery brought to life by the rice terraces. The 400 rice paddies shine as they are illuminated by the setting sun during the rice planting season from late April to early March. In summer, there is a beautiful contrast of the green of the rice plants blending in with ocean blue. The Doya Rice Terrace Fire Festival held every September is a must-see. Tourists flock to see the 3000 torches that illuminate the footpaths between the fields. The festival is also attended by many avid photographers from all over Japan. The changing seasonal faces of the Doya Rice Terraces are introduced as a place where visitors can enjoy different scenery all year round on [Matsuura City Tourism Website](#) (Matsuura City Tourism Bureau Website, "Doya Rice Terraces Now").